

Troop 700 Fall Backpack List

note: In thinking about what to take, things to consider are: **safety, need, and weight.**
Notice that “extra, cool stuff” is not on the list of things to consider.
This list is the list of *only* the things you’ll need. Bring everything on this list. If you want to bring anything else be prepared to justify it, chances are you won’t need it.

On your body:

- \$_____ to pay patrol quartermaster for food
- boots or good sneakers, laced up tight
 - inner socks–poly
 - outer socks–wool
 - underwear
 - long pants, thin belt
 - in pockets: pocket knife, compass, whistle
 - red Troop 700 class B t shirt
 - Troop 700 shirt (to be left in the car)
 - Troop 700 baseball cap
 - sunglasses (optional)

On your pack:

- backpack with padded hip strap
- long sleeve shirt to change into.
- pack cover or trash bag
- sleeping bag stuffed into sack, sack in trash bag, strapped tightly onto pack (NO bungee cords–nylon straps are best, rope is fine)
- sleeping pad
- one quart canteen, full

In your pack:

Clothes in a plastic bag–

- wool socks
- inner socks (optional)
- sweatshirt or jacket for the evening
- extra long pants or rain pants
- bandanna or handkerchief–really, you’ll use this to handle hot pots, and as a towel, and perhaps as a hat to keep your head warm in the 50° morning.

Packed loose in pack–

- poncho or rainproof jacket (not optional)
- tiny small flashlight that works
- matches in waterproof container
- at least 1 extra quart canteen or liter coke bottle
- 50 ft nylon 1/8” cord

In a small bag–

- spoon
- large bowl
- cup

In a small bag–

- snack food–jolly ranchers, power bar, m&m peanuts, packet of gator-aide (or equivalent) to flavor your water. Bring about 150% of what you will truly *need*; the extra is to share.

don’t forget to put this and your personal first aid kit in the bearbag at night

Personal first aid in a bag–

- bandaid
- toothbrush/paste
- moleskin
- small portion of toilet paper in a small bag

Crew gear–

Your pack at this point should weigh less than 20 pounds.

Your share of crew gear will include: water, tents, cooking gear, stoves, fuel, food, bearbag & rope, crew first aid kit, maps, crew first aid, scout handbook

Chances are that your crew will sleep under a single lightweight group tarp or a small number of tents so make sure you have a piece of plastic for under your bag.

Crew behavior:

Stay with your crew/patrol

The quieter you are, the more you’ll see

Guiding thoughts: Everyone in the patrol takes care of everyone else. Put the Patrol and Troop first and be considerate of every individual.

Rule 1: Except when excreting, no one will ever be alone. When outside camp, smaller group sizes should be 4 or greater.

Rule 2: Have fun while obeying the Scout Oath & Law.

Rule 3: Adapt, innovate, do without.

Have fun!