

BELIEFS AND VALUES: THINKING ABOUT INTIMATE RELATIONSHIPS

Interpersonal Relations

- I. General Beliefs about Relationships
 - A. Q19, I Believe for a Relationship to Work, Partners Must be “Soul Mates.” Am I Right?
 - 1. Destiny theory vs. Growth theory
- II. Specific Beliefs about Relationships
 - A. Passionate vs. Companionate Love - Q7, Does Love Last Forever?
 - B. Communal vs. Exchange Relationships
 - C. Locus of Control
 - D. Attachment (La Guardia et al. (2000) – read in Bradbury & Karney, p. 71
- III. Attitudes, Standards, and Ideals
 - A. Standards
 - B. Ideals
- IV. Beliefs and Values Affect How We Evaluate Our Relationships
- V. Beliefs and Values Affect How We Interpret Relationship Events
 - A. Q17, I Have High Expectations for my Relationship. Is that Bad?
 - 1. Perceptual confirmation
 - 2. Behavioral confirmation
 - B. Unrealistic Expectations (Eidelson & Epstein, 1982)
 - C. Bellavia & Murray (2003) “perceptual confirmation” study – read in Bradbury & Karney, p 380-381
- VI. Beliefs and Values Affect How We Behave in Our Relationships
- VII. Media Influences – read in Bradbury & Karney, p. 396-398