The V7 has four notes - 1 for each voice! You don't always have to use all 4, but we're going to start that way. We call a V7 with all of the tones present, "complete". The resolution will result in a I chord that has no 5th and either 3 roots or 2 3rds. Here's what to do:

Step 1: Figure out what key you are in.
Step 2: Find the root of the V
Step 3: Put the root in the bass and voice the rest of the chord using 1 each of the remaining tones.
Step 4: Resolve the chord 7th down!
Step 6: Resolve the LT up (strict).
Step 7: Move the remaining tone where you need to.

You may also leave out one member of the V7, the 5th, and double the root. With this "incomplete" V7, everything resolves perfectly! Follow the same steps as above.