Day Five:
Coaching and Mentoring

Is This Coaching?
• Cubs learning about Pine Car Derby rules from Den Leaders
• A Patrol Leader showing his Patrol how to tie a square knot
• A Varsity member discussing an upcoming college application with a Leader

Responsibilities
• To listen
• To pay attention to others
• To understand their needs
What Coaches Do

• Provide task direction
• Provide skill instruction
• Build capabilities
• Provide resources
• Facilitate relationships
• Transfer responsibility for success
• Support growth and progress

Good Coaching Tips

• Listen
• Supply energy
• Provide focus and information
• Influence; don’t control
• Recognize what is right and wrong
• Recognize success and value differences
• Evolve with the team’s life cycle

What Mentors Do

• Advise, support, and provide guidance
• Facilitate understanding of environment and culture
• Instill attitudes
• Aid in retention
• Provide trusted counsel
Good Mentoring Tips

- Provide a non-threatening environment
- Build trust early
- Be a good listener
- Share personal experiences
- Make suggestions
  - Specific problems
  - Getting things accomplished