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UPON RETURN FROM A JOURNEY:

Repeat the previous *duaa*' and add to it:

We are returners, repentants, worshippers, and thankful to our Lord.

'Ayiboona, ta'eboona, aabidoona, lirabbina hamidoona.

آيِبُونَ تَائِبُونَ عَابِدُونَ لِرَبِّنَا حَامِدُونَ

WHEN FACED BY HARDSHIP:

Oh Allah! There is nothing easy except what You make easy, and You make the difficult easy if it be Your will.

Allahommala-sahla illa-ma-ja altaho sahla, wa'anta taj alol-hazna Itha Shi"ta sahla.

اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا،
وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلًا

WHEN SETTING OUT ON A JOURNEY:

Oh Allah! It is with Your help that I struggle, move, and walk. Oh Allah! I beg of You in this journey, virtue, piety, and deeds which are acceptable to You. Oh Allah! Make our journey easy for us and shorten for us its distance. Oh Allah! You are the companion in the journey and the guardian-protector of the household. Oh Allah! I seek refuge in You from the difficulties of this journey, and from disagreeable sights and from unpleasant return to (my) wealth, household, and children.

Allahoma bika 'asool, wa bika 'ajool, wa bika 'aseer. Allahomma 'inni 'as'aloka fi safari hadha al-birra wa at-taqua, wa min al-aamali ma tarda. Allahomma harwin aaleyna safarana hadha wa 'atwi aanna bo'dahu. Allahomma anta as-sahibu fi is-safari wa al-khal-fatu fi il-'ahel. Allahomma 'inni 'aoodho bika min wa aatha 'is-safari, wa ka'abati il-manzari, wa so'i il-mon-qalabi fi il-maali wa al-'ahli wa al-waladi.

اللَّهُمَّ بِكَ أَصُولُ، وَبِكَ أَجُولُ، وَبِكَ أَسِيرُ. اللَّهُمَّ إِنِّي أَسْأَلُكَ
فِي سَفَرِي هَذَا الْبِرَّ وَالْتَّقْوَى، وَمِنَ الْعَمَلِ مَا تَرْضَى اللَّهُمَّ
هُوَ عَلَيْنَا سَفَرْنَا هَذَا وَأَطْوَعْنَا بَعْدَهُ اللَّهُمَّ أَنْتَ الصَّاحِبُ
فِي السَّفَرِ وَالْخَلِيفَةُ فِي الْأَهْلِ. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ وَعْثَاءِ
السَّفَرِ، وَكَآبَةِ الْمُنْظَرِ، وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ وَالْأَهْلِ وَالْوَالِدِ.

**WHEN MOUNTING A
MEANS OF TRANSPORTATION
(HORSE, CAR, TRAIN, PLANE, ETC.):**

Glory to Him who has subjected these to our (use), for we could never have accomplished this (by ourselves). And to our Lord, surely must we turn back!

Subhan al-ladhi sakhkhara lana hadha wa ma kunna laho muqrineena wa inna ila Rabbina lamonqaliboon.

﴿سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ
وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ﴾

WHEN RETIRING TO SLEEP:

In Your name, oh Lord, I lay my side (to sleep). And by (Your leave) I raise it up. So if You take away my soul (during sleep), forgive it, and if You send it back (after sleep), protect it even as You protect Your pious servants.

Bismika Rabbi wa daato janbi wa bika arfaaho, in 'amsakta nafsi faghfir laha, wa'in arsaltaha fahfazha bima tahfazo bihi ibadaka as-salihina.

بِاسْمِكَ رَبِّي وَضَعْتُ جَنْبِي وَبِكَ أَرْفَعُهُ،
إِن أَمْسَكَتَ نَفْسِي فَاعْفِرْ لَهَا، وَإِن أَرْسَلْتَهَا فَاحْفَظْهَا
بِمَا تَحْفَظُ بِهِ عِبَادَكَ الصَّالِحِينَ. (رواه الجماعة)

PRAYERS OF THE PROPHET FOR DAILY LIFE

WAKING UP:

Praise be to Allah who gave us life after death and unto Him will be the return.

Al-hamdu lillah-il-ladhi ahyana baada ma amatana wa`ileyhi in-nushur.

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

WHEN BEGINNING A MEAL:

Oh Allah! Bless (the food) You provided us and save us from the punishment of the hellfire. In the name of Allah.

Allahomma barik lana fima razaqtana, wa qina aadhaha an-nar, bism-illahi.

اللَّهُمَّ بَارِكْ لَنَا فِيْمَا رَزَقْتَنَا، وَقِنَا عَذَابَ النَّارِ، بِسْمِ اللَّهِ

AFTER FINISHING A MEAL:

Praise be to Allah who has fed us and given us drink, and made us Muslims.

Al-hamdu lillahi il-ladhi ataamana wa saqana wa ja aalana Muslimina.

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ

So, worship Allah and associate no other partner with Him. And fear from Him as one should rightly fear, and whatever good undertakings come out of your mouths must be truly fulfilled by you in Allah's presence so that through Allah's blessings you will be united among yourselves. Truly, Allah becomes angry with one who does not keep his promises. May Allah keep you all in His peace.

This is from a sermon of the Prophet Muhammad (pbuh).

Let us seek guidance and forgiveness.

Al-hamdu lillahi, hamdan kathiran, waspsalaamu aala Muhammad, wa aala ahlihi, wa sahbihi ajma'een, wa man tab'ahum be-'ihsan 'ila yom ud-deen.

Inna Allaha wa mala'ekatuhu, yussalloona aala an-nabi.

Ya ayuhalla-theena 'amanu sallahu aaleyhe, wa sallimu tasleema, wa baad.

The Prophet (pbuh) has said as reported in Al-Hadith, Baihaqu, "Show me that you possess these five virtues: That you are truthful when you speak; that you fulfill your trust when you promise; that you guard yourself against immodesty; that you lower your eyes to the ground; and that you withhold your hand from doing what is wrong, then I will guarantee you paradise." (Read three times.)

Iqamat as-sallaat. (Call for the prayer.)

KHUTBA FOR SALATUL JUMAH (FRIDAY NOON PRAYERS)

Al-hamdu lillahi, nasta'eenuhu, wa nastaghferuhu, wa nastahdeeyahu, wa na'uzu billahi men sharri anfusana wa men sayyee'ati a'malinah. Man yahdeh ellaahu falaa mudella lahu, wa man yudell falaa hadiya lahu. Wa ash-hadu alla ellaha ela Allah, wa ash-hadu anna Muhammadan 'abduhu wa rasuluhu, wa baad.

Wa ba'ad.

Praise be to Allah! I remember and glorify His many attributes of power and mercy, and I ask help from Him. We seek refuge with Allah from the evils within ourselves and from the wickedness of our deeds. For one who is guided by Allah, there is none that can misguide him, and for one who gets astray (as a result of Allah's displeasure), there is none to guide him. And I bear witness—truly, there is no God but Allah, He is the only one with no partner. Undoubtedly, the excellent teaching is the Book of Allah, the blessed and the exalted. One whose heart Allah has adorned with it, and brought him to the fold of Islam after he has renounced the worship of many gods (polytheism), and who adopted it in preference to all other messages of the people, surely he is the successful and redeemed. Verily, it is the excellent teaching and the most eloquent.

Love you all that is loved by Allah. Get the love of Allah imprinted in your very heart, and don't feel tired of reciting Allah's words, and remembering Him, and do not blacken your hearts. This is because from among all that has been created by Allah, and liked and chosen by Him, and best of all the good things, as well as from among the lawful and unlawful, and the good forms of worship, He has assigned superiority to His own words.

And He has put love between their hearts. Not if you had spent all that is in the earth, could you have produced that affection, but Allah has done it, for He is exalted in might, wise. (Qur'an 8:63)

﴿وَأَلَّفَ بَيْنَ قُلُوبِهِمْ، لَوْ أَنْفَقْتَ مَا فِي الْأَرْضِ جَمِيعاً مَا أَلَّفْتَ
بَيْنَ قُلُوبِهِمْ، وَلَكِنَّ اللَّهَ أَلَّفَ بَيْنَهُمْ، إِنَّهُ عَزِيزٌ حَكِيمٌ﴾
(الأنفال: ٦٣)

DAY NINE

Reflections: Are we encouraged to nourish an intimate connection with the pulse of creation?

Aisha (*rabiyyah Allah*, wife of Muhammad, Messenger of Allah) often noticed that if there was a roll of thunder, even in the distance, the face of the Prophet (pbuh) would change color. The sound of a powerful gust of wind would likewise visibly move Him and on at least one occasion when there was a downpour of rain He bared His head, shoulders, and breast and went out in the open so that He might share the delight of the earth in receiving the bounty of the earth directly upon His skin. (Adapted from the Sirah of Muhammad, from the Earliest Sources, by Martin Lings.)

DAY TEN

Reflections: This time spent at Philmont has been a time of discovery and growth. What can we learn from the time your crew has spent together with nature? We are the same and yet so different!

MUSLIM

Oh humankind! I have created you male and female from a single soul, and made you nations and tribes so that you may know each other. Truly, the most honored of you in the sight of God is the one who is most righteous. And Allah has full knowledge and is well acquainted with all things. (Qur'an 49:13)

﴿ يَا أَيُّهَا النَّاسُ إِنَّا خَلَقْنَاكُمْ مِنْ ذَكَرٍ وَأُنْثَىٰ وَجَعَلْنَاكُمْ شُعُوبًا وَقَبَائِلَ لِتَعَارَفُوا إِنَّ أَكْرَمَكُمْ عِنْدَ اللَّهِ أَتْقَاكُمْ إِنَّ اللَّهَ عَلِيمٌ خَبِيرٌ ﴾
(الحجرات : ١٣)

DAY EIGHT

Reflections: In nature there are many signs of Allah, if we but have eyes to see, ears to hear, and a pure heart to commune with God. What can we learn from the creation of God?

It is Allah who looses the winds that set the clouds in motion, and we drive them on to a land that is dead. Thus do we bring the earth back to life after it has been dead. . . (Qur'an 35:9)

﴿والله الذي أرسل الرياح فتثير سحاباً فسقناه
إلى بلد ميت فأحيينا به الأرض بعد موتها . . . ﴾
(فاطر : ٩)

And among His signs is the creation of the heavens and the earth and the variations in your languages and your colors; truly in that are signs for those who know. . . And among His signs He shows you the lightning by way both of fear and of hope, and He sends down rain from the sky and with it gives life to the earth after it is dead. Truly in that are signs for those who are wise. (Qur'an 30:22, 24)

﴿ومن آياته خلق السموات والأرض واختلاف ألسنتكم
وألوانكم إن في ذلك لآيات للعالمين ﴾
(الروم : ٢٢)
﴿ومن آياته يريكم البرق خوفاً وطمعاً وينزل من السماء ماءً
فيحيي به الأرض بعد موتها إن في ذلك لآيات لقوم يعقلون ﴾
(الروم : ٢٤)

It is He who has made you His representatives and stewards of the earth. He has raised you in ranks, some above others, that He may try you in the gifts He has given you, for your Lord is quick in punishment, yet He is indeed Oft-forgiving, Most Merciful. (Qur'an 6:165)

﴿وهو الذي جعلكم خلائف الأرض ورفع
بعضكم فوق بعض درجات ليبلوكم في ما آتاكم
إن ربك سريع العقاب وإنه لغفور رحيم﴾
(الأنعام: ١٦٥)

DAY SEVEN

Reflections: Allah did not create us to live alone. We share this planet earth with many other creatures. How should we relate to the rest of creation?

There is not an animal in the earth nor a flying creature flying on two wings but they are nations like unto you. We have neglected nothing in the Book (of Our decrees). Then unto their Lord will they be gathered. (Qur'an 6:38)

﴿وما من دابة في الأرض ولا طائر يطير بجناحيه إلا أمم أمثالكم،
ما فرطنا في الكتاب من شيء، ثم إلى ربهم يحشرون﴾
(الأنعام: ٣٨)

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DAY SIX

Reflections: Do we have a responsibility for the condition of the earth?

Let there be from among you, a group of believers who call to what is good, and will prohibit the evil. (Qur'an 3:104)

﴿ولتكن منكم أمة يدعون إلى الخير،
ويأمرون بالمعروف، وينهون عن المنكر﴾
(آل عمران : ١٠٤)

Allah has promised to those among you who believe and do righteous deeds that He will assuredly make them to succeed (those now with power) and grant them stewardship and responsibility in the land just as He made those before them to succeed others. (Qur'an 24:55)

﴿وعد الله الذين آمنوا منكم وعملوا الصالحات
ليستخلفنهم في الأرض كما استخلف الذين من قبلهم﴾
(النور : ٥٥)

The world is green and beautiful and Allah appointed you as His stewards over it. He sees how you acquit yourselves. (Saying of the prophet muhammad, pbuh.)

DAY FIVE

Reflections: Amidst the splendor of God's creation, we should remember that much of the earth is today devastated and lain in waste. May humans recklessly exploit the earth without fear of consequence?

Know that We did not create the heavens and the earth, and all that is between them, in frivolous play. (Qur'an 21:16)

﴿ وما خلقنا السماء والأرض وما بينهما لا عيين ﴾
(الأنبياء: ١٦)

Corruption has appeared over land and water on account of what man's hands have wrought. (Qur'an 30:40)

﴿ ظهر الفساد في البر والبحر بما كسبت أيدي الناس ﴾
(الروم: ٤١)

Don't you see that it is Allah who has created the heavens and the earth, not without a plan and purpose? He can, if He so wills, remove you and put in your place a new people. That will not be so difficult for God to do. (Qur'an 14:19-20)

﴿ ألم تر أن الله خلق السموات والأرض بالحق إن يشأ يذهبكم ويأت بخلق جديد، وما ذلك على الله بعزيز ﴾
(إبراهيم: ١٩ - ٢٠)

Such is God, your real Cherisher and Sustainer. Apart from truth, what remains but error? How then are you turned away? (Qur'an 10:32)

﴿فذلكم الله ربكم الحق فماذا بعد
الحق إلا الضلال فأنى تُصْرَفُونَ﴾
(يونس : ٣٢)

DAY FOUR

Reflections: How great is the power of God, and how humble should we be in His presence?

To Him is due the primal origin of the heavens and the earth. When He creates a thing, He simply says to it 'Be!' and it evolves into being. (Qur'an 2:117)

﴿بديع السموات والأرض وإذا قضى أمراً
فإنما يقول له كن فيكون﴾
(البقرة : ١١٧)

Have not the incredulous people considered that the heavens and the earth were originally one closed-up mass, and We rent them asunder? Do not they know that it is out of water that We have made everything living? Will they not then give credence to Our portents? (Qur'an 21:30)

﴿أولم ير الذين كفروا أن السموات والأرض كانتا رتقاً
ففتقناهما وجعلنا من الماء كلَّ شيءٍ حيٍّ أفلا يؤمنون﴾
(الأنبياء : ٣٠)

DAY THREE

Reflections: On the lakes and rivers, and in the forests of Philmont, the immensity of God's creation is awe-inspiring. How can we understand the majesty of God?

Surely in the creation of the heavens and the earth and in the alternation of the night and of the day are signs for men possessed of minds who remember Allah. (Qur'an 3:190)

﴿إن في خلق السموات والأرض واختلاف
الليل والنهار لآيات لأولي الألباب﴾
(آل عمران : ١٩٠)

With power and skill did We construct the firmament, for it is We who create the vastness of space. And We have spread out the spacious earth. How excellently We do spread out! And of every thing We have created pairs, that you may reflect and learn. Hasten you then to Allah. (Qur'an 51:47-50)

﴿والسمااء بنيناها بأيد وإنا لموسعون ،
والأرض فرشناها فنعم الماهدون ،
ومن كل شيء خلقنا زوجين لعلكم
تذكرون ، ففروا إلى الله إني لكم منه نذير مبين﴾
(الذاريات : ٤٧ - ٥٠)

DAY TWO

Reflections: All humans have been given a common nature (*fitra*). What is the nature of our way which is harmonious with human nature?

Set your face to the true religion—the nature of God, on which He has instituted the innate nature of mankind. No change is permissible in Allah’s creation. This is the eternal way. (Qur’an 30:30)

﴿ فَأَقِمْ وَجْهَكَ لِلدِّينِ حَنِيفًا فِطْرَةَ اللَّهِ الَّتِي فَطَرَ
النَّاسَ عَلَيْهَا لَا تَبْدِيلَ لِخَلْقِ اللَّهِ ذَلِكَ الدِّينُ الْقَيِّمُ ﴾
(الروم : ٣٠)

Say: He is God, The One and Only; Allah, the Eternal, Absolute; He begets not nor is He begotten; and there is none like unto Him. (Qur’an 112:1–4)

﴿ قُلْ هُوَ اللَّهُ أَحَدٌ، اللَّهُ الصَّمَدُ، لَمْ يَلِدْ،
وَلَمْ يُولَدْ، وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ﴾
(الإخلاص : ١ - ٤)

This day have I perfected your religion for you, completed My favor upon you, and have chosen for you Islam (the way of peace and obedience to God) as your religion. (Qur’an 5:3)

﴿ الْيَوْمَ أَكْمَلْتُ لَكُمْ دِينَكُمْ وَأَتَمَمْتُ عَلَيْكُمْ
نِعْمَتِي وَرَضِيتُ لَكُمُ الْإِسْلَامَ دِينًا ﴾
(المائدة : ٣)

DAILY MEDITATIONS

DAY ONE

Reflections: To whom do we turn our hearts and minds in worship, remembrance, and service? What are the simple words that guide us through each day?

In the name of God, Most Gracious, Most Merciful. Praise be to God, the Cherisher and Sustainer of the worlds, Most Gracious, Most Merciful, Master of the Day of Judgment. You do we worship, and Your aid we seek. Show us the straight way. The way of those on whom You have bestowed Your grace, those who earn not Your anger and who go not astray. (Qur'an 1:1-7)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 ﴿الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، الرَّحْمَنِ الرَّحِيمِ، مَالِكِ يَوْمِ الدِّينِ،
 إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ، إِهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ، صِرَاطَ
 الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ، غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ، وَلَا الضَّالِّينَ﴾
 (الفاتحة: ١-٧)

M-8

AUGUST

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
Date	Dawn	Sunrise	Noon	Afternoon	Sunset	Night
01	4:56	6:15	1:12	4:58	8:09	9:28
02	4:57	6:16	1:12	4:58	8:08	9:27
03	4:58	6:17	1:12	4:58	8:07	9:26
04	4:59	6:17	1:12	4:57	8:06	9:25
05	5:00	6:18	1:12	4:57	8:05	9:24
06	5:01	6:19	1:12	4:57	8:04	9:22
07	5:02	6:20	1:12	4:57	8:03	9:21
08	5:03	6:20	1:12	4:56	8:02	9:20
09	5:04	6:21	1:12	4:56	8:01	9:18
10	5:05	6:22	1:11	4:56	8:00	9:17
11	5:06	6:23	1:11	4:55	7:59	9:16
12	5:07	6:24	1:11	4:55	7:58	9:14
13	5:08	6:24	1:11	4:54	7:57	9:13
14	5:09	6:25	1:11	4:54	7:56	9:12
15	5:10	6:26	1:11	4:54	7:55	9:10
16	5:11	6:27	1:10	4:53	7:54	9:09
17	5:12	6:27	1:10	4:53	7:52	9:07
18	5:13	6:28	1:10	4:52	7:51	9:06
19	5:14	6:29	1:10	4:52	7:50	9:05
20	5:15	6:30	1:09	4:51	7:49	9:03
21	5:16	6:30	1:09	4:51	7:48	9:02
22	5:17	6:31	1:09	4:50	7:46	9:00
23	5:18	6:32	1:09	4:50	7:45	8:59
24	5:19	6:33	1:08	4:49	7:44	8:57
25	5:20	6:33	1:08	4:48	7:42	8:56
26	5:21	6:34	1:08	4:48	7:41	8:54
27	5:22	6:35	1:08	4:47	7:40	8:53
28	5:23	6:36	1:07	4:46	7:39	8:51
29	5:24	6:36	1:07	4:46	7:37	8:50
30	5:24	6:37	1:07	4:45	7:36	8:48
31	5:25	6:38	1:06	4:44	7:34	8:47

M-7

JULY

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
Date	Dawn	Sunrise	Noon	Afternoon	Sunset	Night
01	4:30	5:55	1:10	4:58	8:24	9:50
02	4:30	5:56	1:10	4:58	8:24	9:50
03	4:31	5:56	1:10	4:58	8:24	9:50
04	4:31	5:57	1:10	4:58	8:24	9:49
05	4:32	5:57	1:11	4:58	8:24	9:49
06	4:33	5:58	1:11	4:58	8:24	9:49
07	4:33	5:58	1:11	4:59	8:23	9:48
08	4:34	5:59	1:11	4:59	8:23	9:48
09	4:35	5:59	1:11	4:59	8:23	9:47
10	4:35	6:00	1:11	4:59	8:23	9:47
11	4:36	6:01	1:12	4:59	8:22	9:46
12	4:37	6:01	1:12	4:59	8:22	9:46
13	4:38	6:02	1:12	4:59	8:22	9:45
14	4:39	6:02	1:12	4:59	8:21	9:45
15	4:39	6:03	1:12	4:59	8:21	9:44
16	4:40	6:04	1:12	4:59	8:20	9:43
17	4:41	6:04	1:12	4:59	8:20	9:43
18	4:42	6:05	1:12	4:59	8:19	9:42
19	4:43	6:06	1:12	4:59	8:19	9:41
20	4:44	6:06	1:12	4:59	8:18	9:40
21	4:45	6:07	1:12	4:59	8:17	9:39
22	4:46	6:08	1:13	4:59	8:17	9:39
23	4:47	6:09	1:13	4:59	8:16	9:38
24	4:48	6:09	1:13	4:59	8:16	9:37
25	4:49	6:10	1:13	4:59	8:15	9:36
26	4:50	6:11	1:13	4:59	8:14	9:35
27	4:51	6:11	1:13	4:59	8:13	9:34
28	4:52	6:12	1:13	4:59	8:13	9:33
29	4:53	6:13	1:13	4:59	8:12	9:32
30	4:54	6:14	1:13	4:59	8:11	9:31
31	4:55	6:14	1:12	4:58	8:10	9:29

MUSLIM

M-6

JUNE

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
Date	Dawn	Sunrise	Noon	Afternoon	Sunset	Night
01	4:29	5:53	1:04	4:51	8:15	9:39
02	4:28	5:53	1:04	4:52	8:16	9:40
03	4:28	5:53	1:04	4:52	8:16	9:41
04	4:28	5:52	1:04	4:52	8:17	9:42
05	4:27	5:52	1:05	4:52	8:17	9:42
06	4:27	5:52	1:05	4:52	8:18	9:43
07	4:26	5:52	1:05	4:53	8:18	9:44
08	4:26	5:52	1:05	4:53	8:19	9:44
09	4:26	5:51	1:05	4:53	8:19	9:45
10	4:26	5:51	1:05	4:53	8:20	9:46
11	4:26	5:51	1:06	4:53	8:20	9:46
12	4:25	5:51	1:06	4:54	8:21	9:47
13	4:25	5:51	1:06	4:54	8:21	9:47
14	4:25	5:51	1:06	4:54	8:21	9:48
15	4:25	5:51	1:07	4:54	8:22	9:48
16	4:25	5:51	1:07	4:55	8:22	9:48
17	4:25	5:52	1:07	4:55	8:22	9:49
18	4:25	5:52	1:07	4:55	8:23	9:49
19	4:25	5:52	1:07	4:55	8:23	9:49
20	4:26	5:52	1:08	4:55	8:23	9:50
21	4:26	5:52	1:08	4:56	8:23	9:50
22	4:26	5:52	1:08	4:56	8:24	9:50
23	4:26	5:53	1:08	4:56	8:24	9:50
24	4:27	5:53	1:08	4:56	8:24	9:50
25	4:27	5:53	1:09	4:56	8:24	9:50
26	4:27	5:54	1:09	4:57	8:24	9:50
27	4:28	5:54	1:09	4:57	8:24	9:50
28	4:28	5:54	1:09	4:57	8:24	9:50
29	4:29	5:55	1:10	4:57	8:24	9:50
30	4:29	5:55	1:10	4:57	8:24	9:50

M-5

MAY

	<i>Fajr</i>	<i>Shuruq</i>	<i>Zuhr</i>	<i>Asr</i>	<i>Maghrib</i>	<i>Isha</i>
Date	Dawn	Sunrise	Noon	Afternoon	Sunset	Night
01	4:59	6:15	1:03	4:47	7:52	9:08
02	4:58	6:14	1:03	4:47	7:52	9:09
03	4:56	6:13	1:03	4:48	7:53	9:10
04	4:55	6:12	1:03	4:48	7:54	9:12
05	4:54	6:11	1:03	4:48	7:55	9:13
06	4:53	6:10	1:03	4:48	7:56	9:14
07	4:51	6:09	1:03	4:48	7:56	9:15
08	4:50	6:08	1:03	4:48	7:57	9:16
09	4:49	6:08	1:03	4:48	7:58	9:17
10	4:48	6:07	1:02	4:48	7:59	9:18
11	4:47	6:06	1:02	4:48	8:00	9:19
12	4:46	6:05	1:02	4:48	8:00	9:20
13	4:44	6:04	1:02	4:49	8:01	9:21
14	4:43	6:03	1:02	4:49	8:02	9:22
15	4:42	6:02	1:02	4:49	8:03	9:23
16	4:41	6:02	1:02	4:49	8:04	9:24
17	4:40	6:01	1:02	4:49	8:04	9:25
18	4:39	6:00	1:03	4:49	8:05	9:26
19	4:38	6:00	1:03	4:49	8:06	9:27
20	4:38	5:59	1:03	4:49	8:07	9:28
21	4:37	5:58	1:03	4:50	8:07	9:29
22	4:36	5:58	1:03	4:50	8:08	9:30
23	4:35	5:57	1:03	4:50	8:09	9:31
24	4:34	5:57	1:03	4:50	8:10	9:32
25	4:33	5:56	1:03	4:50	8:10	9:33
26	4:33	5:56	1:03	4:50	8:11	9:34
27	4:32	5:55	1:03	4:51	8:12	9:35
28	4:31	5:55	1:03	4:51	8:12	9:36
29	4:31	5:54	1:03	4:51	8:13	9:37
30	4:30	5:54	1:04	4:51	8:14	9:38
31	4:29	5:54	1:04	4:51	8:14	9:38

MUSLIM

M-4

**PERPETUAL PRAYER SCHEDULE
FOR ALBUQUERQUE, NEW MEXICO**

Latitude = 35:05 N

Longitude = 106:39 W

Qiblah = 34:39 E (from N)

WELCOME TO PHILMONT!

Almighty God has blessed us with life, health, and the strength and opportunity to reflect on our spiritual condition and grow our connection with God and His creation. The tests and challenges of the mountains and trails provide the chance to draw closer to God for support and deepen our respect and fellowship with our trail-mates.

This section of our trail worship book has been designed for use by Muslim crews, for Muslim Scouts and Scouters who are members of non-Muslim crews, and for the education and inspiration of persons of all faiths. You will find tables of prayer-times; prayers of the Prophet (peace be upon him) for use in daily living; a *khutba*, or Friday sermon of the Prophet (pbuh), for use during the Friday noon prayers; and ten days of daily meditations with appropriate passages from the Qur'an or teachings of the Prophet Muhammad (pbuh) on which to reflect.

Remember that when we are traveling, we are permitted to combine and shorten the noon and afternoon prayers (*zuhr* and *asr*) to two units each, and to combine the sunset and night prayers (*maghrib*) and shorten the night prayer (*isha*) to two units. It also was the practice of the Prophet (pbuh) never to leave the two units of the *Sunnah* prayer before the obligatory dawn prayer (*fajr*), or the one-unit *Sunnah* closing prayer (*witr*) after the night prayer. In addition, remember that we are taught that even a smile is charity. God Almighty has commanded us to remember Him at all times and in all places. Since He has promised us His mercy and compassion, we should be thankful and praise Him in all we do. May the peace of God Almighty be with you all.

As-salaamu aleykum.

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Chaplain Aide Duties ii

Welcome to Philmont Inside Cover

Written by:
Rabbi Arnold Sleutelberg
Fr. Robert Guglielmone
Rev. Leo Symmank
Dawood Zwink
Gamal Hamid

Credits:
The Holy Qur'an: Text, Translation, and Commentary,
by Abdullah Yusef Ali. Published by Amana Corpora-
tion, Brentwood, Maryland, 1983.

M-1

EAGLES SOARING HIGH

**TRAIL WORSHIP
FOR
MUSLIMS, JEWS, AND CHRISTIANS**

(MUSLIM SECTION)

MUSLIM