



## Go Outside and Play

We promised that we'd learn by doing. In B-P's day a Schoolmaster's thoughts turned to lecture and drill. But B-P reminded us in his *Aids to Scoutmastership*, "It is not the curriculum of Scouting that is the most striking feature, but it is the methods." That is, a Scoutmaster's heart turns to the observation that three fourths of Scouting is Outing. B-P made it clear that:

1. The aim of Scouting is quite a simple one.
2. The Scoutmaster gives to the boy the ambition and desire to learn for himself by suggesting to him activities which attract him, and which he pursues till he, by experience, does them aright. (Such activities are suggested in *Scouting for Boys*).
3. The Scoutmaster works through his Patrol Leaders.

My own experience with a daughter in Venturing and as a Girl Scout leader is that the above is also true for girls. Paul Petzolt, the founder of the National Outdoor Leadership School said "The fact is, women often do better than men in the outdoors. ... they're more likely to make decisions based on reality."

When I was growing up it is literally

true that mom would tell us to simply "Go outside and play." And we did. We'd find our own marvelous wonders in our backyards, either among our buddies or ranging on our own. Richard Louv's *Last Child in the Woods* reported that there is a wide and pervasive trend away from this. He argued that sensationalist media coverage and paranoid parents have literally "scared children straight out of the woods and fields," while promoting a litigious culture of fear that favors the illusion of "safe" regimented sports over imaginative play. At the end of the day mom had the wisdom to receive us at home and to listen to our stories. Perhaps mom was my first Scoutmaster. She agreed with B-P that "Scoutmasters deal with the individual rather than the mass."

Along these lines, John Graham's *Outdoor Leadership* is a book that's full of suggested techniques, common sense, and tips for building self-confidence. For instance: "To train people to make good decisions in the outdoors, you've got to take them into the outdoors, into real situations, and let them face challenges by themselves. They learn soon enough that if they make foolish decisions or if they base their decisions on 'hope' or 'faith'

that things will work out—they fail. And if they make their decisions based on reality, they succeed." Here are some quotes from the book regarding your work towards a vision:

Value your heart as much as your head.

Be vulnerable. Being honest and frank about yourself makes you vulnerable. Be honest and frank anyway.

One of the most important issues in life is trust. You don't build trust by hiding your feelings, your thoughts, your hopes, your fears. You build trust by sharing, by being honest and frank.

Create and communicate a vision of success—a clear, concrete picture of the intended results that's shared by the entire team. Each individual should have a clear picture of the power and positive impact of their role.

I'm really looking forward to camping with you guys! B-P said "A week of camp life is worth six months of theoretical teaching."

*Al Best, Course Director S7-602-11-1  
Course Mentor, S7-602-13*



## Day 4 Gilwell Gazette

Patrols may submit articles and photos for the Day 4 Gilwell Gazette by e-mail to the troop scribe at [pilgrim1410@verizon.net](mailto:pilgrim1410@verizon.net) no later than April 17.

## Bandages, Vet Wrap & Tums

Wood Badge is probably one of the safest Scouting activities which you will participate in. No Scouts playing Mumblety-peg with a pocket knife; no Tenderfeet swinging an axe for the first time as they earn their Tote & Chip; no first timers learning to light a propane stove after turning on the burner before figuring out how a lighter safety switch works; and certainly no boys running through camp chasing each other through the tent guy lines.

No, it's pretty pedestrian. You'll be camping out with seasoned Scouters; hanging out inside during meetings; and telling tall tales around campfires. Most of the things that will happen to you will fall into two categories. Those that you bring with you and those that you will find at camp.

Those that you bring with you are your own personal, individualized health issues. You should already have a doctor who has worked with you on these. Bring your meds. You know your physical limits. These I can't help with. Actually, there is one: since we are 90 adults, I do have an AED if something totally unexpected and unwelcome happens.

The others are those that you will find in camp. You are likely to cut yourself turning the pages of the Wood Badge handbook or writing out those last minute ticket items. Your Patrol first aid kit should help you out. You can also trip and fall while walking through camp. As a SEAL Team Instructor once said: "pick up your feet." Most people shuffle and trip. Pick up your feet and I won't have to use my vet wrap (MUCH better than Ace bandages). Finally, there is a LOT of experimental cooking that will be going on. Everyone is trying to make a rich, exciting, exotic, or otherwise noteworthy meal. It is likely something your digestive system has NEVER encountered before. I won't have any – but you better bring some Tums, Pepto Bismol or other aids for your potential ills. Make sure your Patrol QM packs some of those.

If you do decide to hurt yourself significantly, give me a call. In the last year, I've only had to treat one broken leg, a few sets of stitches, and one dehydration during Scouting activities. I'm looking for some excitement! Actually, take care – I'd rather see you all in Gilwell Hall than in the Health Lodge.

*'Biscuit' - Robert McLemore*



### A Wood Badge Ticket Is:

A Commitment.

A vision of personal improvement.

A vision of how the Scouter will lead.

A series of goals.

**S**pecific

**M**easurable

**A**ttainable

**R**elevant

**T**ime-based

Your Ticket should be Guided by:

Your Personal Values.

Your Personal Vision.

Your Personal Mission.

## Ticket Key Concepts

1. Your ticket will include five significant goals.
2. The goals will be written in support of your current Scouting responsibilities and should be designed to provide maximum positive impact for youth membership.
3. At least one of the five goals will incorporate some aspect of diversity.
4. If you wish, one goal of the five goals may involve developing and applying a self-assessment tool to measure your progress and effectiveness in relation to the other goals on your ticket.
5. The goals written should follow the SMART principles.
6. For each goal, you will indicate: who, what, where, when, how measured, why, and how verified.
7. Your Troop Guide will help you to prepare your ticket and will approve it when it is completed.
8. You will have a ticket counselor assigned to you.
9. The five goals of the ticket must be completed within 18 months (which is by 10/22/2014 for this course).

When you and your counselor have agreed that you have fulfilled all the items on your ticket, you will receive your Wood Badge certificate, beads, neckerchief, and woggle.



## Stretch That Ticket!

One of the most creative but challenging tasks in Wood Badge is to plan out one's ticket. You've been asked to ensure your ticket and the five goals within fit you like a glove – they wrap around your role in Scouting, but each goal fits within that glove to come together to make a meaningful, useful experience for you.

In keeping with that glove metaphor, don't be afraid to s-t-r-e-t-c-h that glove a bit to ensure you have room to grow! Think a bit out of the box, and consider some goals that might push your fit a bit! Maybe you can get involved in a training event or camporee at the District level, reach out to a Scoutreach Troop or Pack for some combined outdoor adventures, or tackle a Scout skill that you never thought yourself capable to learn.

Make sure your ticket overall fits like you a glove, but do yourself a favor and stretch it a bit to give yourself room to grow!



*John McCulla, Scoutmaster, WB2013*

## Conservation Project Attire

On Day 5 we will report to Gilwell Field in our Activity Shirt over top our 'grungies'. Grungies are work clothes, such as jeans and a shirt that can get dirty (NOT your scout uniform). Be sure to pack accordingly for weekend two.

**Reminder:** The platform tents (walls and floors) are set up and will be available for patrol use. You are welcome to bring your own tent if you prefer, but it is not necessary.

## Message from your SPL

I've received some questions about the use of the Scout sign and so I went back to my Scout Handbook. Indeed the most recent edition says "When a Scout or Scouter raises the Scout sign, all Scouts should make the sign, too, and come to silent attention." The earliest editions of the Handbook had illustrations of silent hand signals and one of these was for "attention"—the Scout sign with the right arm completely raised. Notice this is a *silent* signal and should not be accompanied by a "ssshhh!" or a battle cry of "Sign's Up!" The intention is to quickly get the group's attention, then the leader can give the required information and let everyone return to what they were involved with. And it works all size groups, from a patrol to the National Jamboree Arena Show—where all it takes to silence a crowd of 100,000 is to hold up the Scout sign.

## 7 PRINCIPLES OF LEAVE NO TRACE

- Plan Ahead and Prepare
  - Travel and Camp on Durable Surfaces
  - Dispose of Waste Properly
  - Leave What You Find
  - Minimize Campfire Impacts
  - Respect Wildlife
  - Be Considerate of Other Visitors
- (There will be a test!)*

## Looking forward to the (not boring) Patrol Campfire on Day 4 !!

## Projects, Totems and Flags, Oh My!

All patrol reports indicate a great deal of teamwork and progress toward completing the various tasks that were assigned during the interim between the two course weekends. If you had known ahead of time how much work would be required, would you still have signed up for Wood Badge? Would you believe that when you depart on Day 6, you will not be willing to trade this experience, and all the work involved, for anything? The entire process of being placed in a patrol with total strangers, and by the end of Day 6, having a life-long bond with your patrol-mates is difficult to describe to the uninitiated. Projects, totems, flags, skits, and menus are merely the vehicles that transport us to new levels of friendship and camaraderie. Not to mention all those handy new leadership skills!

## A Walk In the Woods

At some point each of us is asked what our best memories of Scouting are. These can run the whole gamut, and my own include memories from life as a Cub (making a rather slow pine wood derby car, and passing the bowl of cooked spaghetti that was supposed to be hair in a darkened basement at a Halloween Den meeting) to life as a Scoutmaster ("Mr. McCulla, can you sign me off . . ."; "Boys, Circle Up Time!"), to Courts of Honor (recognizing that newest Eagle Scout— a Scout you first thought would be hard pressed to make it!)

If hard pressed, I would say my best memories are those gained on the trail. B-P had it right when he laid out the Scouting program, and decided the outdoors was God's great classroom for his "game with a purpose." I came back into Scouting when my son James joined a Troop. Our experiences in Scouting have included many a trek on the trail, from weekend loops in Shenandoah National Park (SNP), to 50-60 Milers on the Appalachian Trail in the Blue Ridge and SNP (most with ASM-Stuff Bob Efird as my walking pal), and a challenging 110-miler in Philmont. Each trek had its own high-points, but there are some common "wins" that occur in each. There is the simple physical challenge of covering many a mile with a heavy pack. There is the confidence that grows with schlepping all you need for a few days on your back. There is the excitement of seeing new places and marveling at the wonders of nature. There is the camaraderie of walking and talking for miles, and of sharing stories (some heard many times!) around the warm glow of a campfire. And, there is the silence of the woods at night set against a babbling brook and the call of a barred owl. I think often of one night at a campsite at Mau-Har Shelter, down in the shadows of two mountains, and seeing a growing glow from behind the ridge line. Lo and behold, the moon rose over the ridge line just as bright as you would imagine a sunrise! Truly a magical moment on the trail!

As Lord Baden-Powell wrote, "Nature has her spring clean. And we, human people, follow her lead: we clean up our minds and our blood by getting out in the open once more for camping and hiking."

So, with the title of Bill Bryson's book in mind, I look forward to our "Walk in the Woods" during Weekend Two, as we continue our Wood Badge trek together and create our own shared memories!

*John McCulla, Course Director, WB2013*



Bob Efird and John McCulla on Three Ridges, 2008

## **The following is a list of suggested gear for the patrol for camping trips:**

Cookware (as needed for menu)  
Coffee pot  
Cooking utensils (as needed for menu)  
Can opener  
Measuring cup/spoons  
Cooler  
Water cooler  
Water jugs/ containers  
Stove and fuel (Follow BSA policies)  
Dutch Oven (if needed)  
Tarps  
Rope and Twine  
Axe, saw, and safety equipment  
Lanterns  
Shovel & Rake  
Trash bags  
Paper towels & napkins  
Aluminum foil  
Plates and utensils for patrol/guests  
Dishwashing soap, pads, & bleach  
Matches or lighter  
Hand soap or sanitizer  
Fire buckets

## **The following is a list of personal gear that should be packed by scouts for camping trips:**

Back pack with waist belt fitted to your back  
Sleeping bag  
Sleeping pad / air mattress  
Tent and ground cloth  
Camp chair  
Matches/lighter/fire starter  
Compass  
Notebook  
Personal First Aid Kit  
Jacket suitable for expected weather  
Warm dry socks (wool and cotton)  
Raincoat or poncho  
Wash cloth/towel/small bar soap/zip-lock bag  
Toothpaste and brush  
Toiletries & Medications  
Small mirror / comb  
Pocket knife  
Canteen or water bottle (one or more)  
Flashlight with extra batteries (and extra bulb if needed)  
Lip balm  
Large plastic bag  
Mess kit with utensils  
Sunglasses  
Day-pack

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## **Wood Badge Cooking Guidelines**

1. The patrol may spend only the monetary allotment set at the PLC.
2. The retail value of donated food counts towards your allotment.
3. You must make a full accounting to the SPL at the Day 4 PLC. Accounting to include original store receipts and written explanation of expenditures or gifts.
4. Your patrol will have from 3-5 guests at every meal (see Patrol Leaders Notebook for more details.) Guests will likely bring their own cup.
5. Each meal will be eaten as a patrol. Food will be served when all guests and patrol members are present. The meals will be eaten with everyone sitting together at a table and be served family style or buffet style.
6. The meals will be nutritionally well-balanced.
7. Grace will be said at every meal.
8. The cooking area will be clean and sanitary in appearance.
9. The portions will be reasonable. Did everyone have enough to eat?
10. The meal will be evaluated based on the following:
  - a. Served on time
  - b. Appropriateness for youth to prepare during a Scout outing
  - c. Taste and appearance
  - d. Nutritional balance
  - e. Creativity and fun
11. Food will be stored in your campsite. Ice will be provided at your request.
12. Since all patrol members must attend all presentations, the patrol must make appropriate plans for preparation and clean up. The meals you will be cooking in your campsite include:  
Day Four: Lunch (4-5 guests); Dinner (3-4 guests); Cracker Barrel (no guests)  
Day Five Breakfast (3-4 guests); Dinner (no guests); Cracker Barrel (no guests)  
Day Six Breakfast (no guests)

## Buffalo Patrol Sunday Day 3

The Buffaloes stopped roaming for a brief time this morning to give thanks to God, our loved ones and friends and to rejoice in the fellowship of Scouting.

Professor Werner Von Turner – AKA “Rocketman” announced that the Buffaloes won the “Most Creative” award for our rocket that launched our tour guide, Mike Wilson, into space and safely returned him to terra firma.

Throughout the weekend we worked on our tickets. By Sunday the Buffaloes felt that they had started the journey home to Gilwell Field. Our vision of life is starting to turn into a model for Scouting success.

We hope everyone had a safe journey home as we left Gilwell Field with the first snowfall starting from a late winter storm.



## Antelopes “Play in the SNOW!!!”

After a wonderful day three all the Antelopers arrived home safely and set out to “Play” as a beautiful snow blanketed Gilwell Field. We all thoroughly enjoyed “yesterday’s” Interfaith Worship Service and presentations on Leave No Trace and The Leading EDGE. We have been in reflective thought on the different leadership styles we witnessed in October Sky and coming to understand how our leadership style affects and inspires others. We have begun to apply all the knowledge and skills we learned last weekend in our relationships with our respective families, troops and co-workers.

The Lopes have been extremely busy “Norming” on our Patrol presentation and campfire skit and looking forward to “Performing” with the other patrols. There have been many emails and teleconferences and we have been able to keep the focus moving forward as we get closer to the next weekend.

The Lopes are so looking forward to the up coming weekend at Gilwell Field. Going to “Play” on the conservation project to improve Camp T. Brady Saunders, camping and most of all eating all the delicious meals cooked over the campfire!! So until “tomorrow”..... Everybody sing!

*I used to be an Antelope, a good ol' Antelope too,  
But now I'm finished Anteloping I don't know what to do.  
I'm growing old and feeble And I can Antelope no more  
So I'm going to work my ticket if I can.  
Back to Gilwell, happy land,  
I'm going to work my ticket if I can!*



## Bob Whites Looking Forward to Day 4...

The Bob White Patrol made their way home from Day 3 in the snow, humming “Back to Gilwell” the whole way there! Our covey is working hard to get ready for our return for Day 4 of Wood Badge. Jeff is working on totems, while serving as both Patrol Leader and Quartermaster. Rick is working on the troop flag. Bob and Chris are working on posters and handouts for our “Cool Campouts” presentation. Chuck and Bob are working on fun skits for the campfire that the Bob White Patrol will be hosting. Catherine is working on adornments and gathering skits from the rest of the critters. Speaking of skits, thanks for our fellow feathered friends the Eagles & Owls for submitting your skit ideas. It looks like it will be a fun night! I look forward to hearing from our four legged friends, the Bears, Beavers, Buffalos, Antelopes, and Foxes with their skit ideas. Please send them to Catherine.cary@gmail.com. The Bob Whites look forward to our Patrol meeting next week. Thanks to Larry for hosting us! Before you know it we will be camping out again. Back to Gilwell, happy land; I’m going to work my ticket if I can!



## Thunder Beavers Are Ready for Action



### Beavers Day 3.5 Report

Since we departed from the Cub Adventure Camp on that snowy March 24th day, the Thunder Beavers have gone on to break the Guinness Book of World Records in regards to e-mail exchanges. The proliferation of information has been exciting, overwhelming, creative, passionate, excessive and the reason we find the word AWE in AWESOME. For me, the only female in the group, it's been like watching an episode of Rachael Ray except it stars all male chefs. These beavers have been breaking down the dams to complete the tasks at hand from skit rehearsals to flag creation. They take the Boy Scout Motto of BE PREPARED seriously and will leave no branch unremoved to complete our vision and goals along the way. Thunder, THUNDER THUNDER Beavers are READY for weekend TWO of the HOVC Wood Badge FUN (Finding Understanding Needs)!!!!

### Bear Patrol

In a wooded glen, 7 bears sat and discussed problems of the world. They pondered what could 7 little bear cubs do that would make a difference. As they thought on this, one little cub said, I think we should give a presentation to others and share information about how they could help solve some of these problems. We will call this a "project." Great said the other cubs. Another cub said we should develop a flag to let others in the woods know who we are. Great idea they said in unison. As we walk through the woods we will hold our flag high for all to see. Hey, said a different cub, we need to get their attention before we talk to them so let's come up with a skit. All the cubs loved this idea and chatted back and forth about who would do what part. The smallest cub said all of this talk is making me hungry. I think we need to make preparations to eat while all of this is going on. So all the cubs discussed what they would eat while they prepared to tackle the problems of the world. One cub asked, how will we decide what problem to deal with? As all the cubs thought about this, a voice was heard saying "I want each of you to come up with 5 ways you can make the world a better place. Write your idea down and develop a plan to see it through. You will call this, A TICKET. Work your ticket to the best of your ability and you will make a difference." The little cubs looked at each other and nodded. They knew what they must do and felt good knowing there was someone guiding them on this journey. At the edge of this wooded glen sat the Momma Bear, looking, listening and smiling.

## Owl Gazette Report

The Owl Patrol has been busy indeed! The evening of the 23rd ended with witty discussion on tickets, and reflection on the games and learning opportunities of the day. The WHO's moved into Sunday with fresh resolve and successfully used our new found skills to fold the American Flag 3 times in our given time. Way to swoop in fellow feathers!

Our first off-camp meeting was an equally tremendous success, with all members arriving at the Panera for some evening morsels and updates on their tasks. Our skit was nearing completion with the great work of Sean—we will need some vocal assistance from our fellow patrols—SO LET'S HEAR YOU! Totems were hand sewn and prepared to hand out under the skillful talons of Rory. David has a vision to fill our Owl stomachs on days 4-6 with some outstanding grilled field mice and other delicacies that will for certain draw the attention of other birds of prey in the area... beware Eagles...Owl camp will require tremendous feats of wisdom just to make it past our cloaking system. Matt provided a tremendous outline and resource materials to really set the Owl group project off to a soaring start. Keep an eye out for serious episodes of knowledge transfer during our presentation! Finally, Tim was recognized for his crafty, diligent, and fast work on the Patrol flag. It will make it's debut weekend 2 and herald in the WHO? WHO? WHO!



*Caution—Please Don't Feed the Bears*