**Troop 700 Fall Backpack List**

**note:** In thinking about what to take, things to consider are: **safety, need, and weight.**
Notice that “extra, cool stuff” is not on the list of things to consider.
This list is the list of only the things you’ll need. Bring everything on this list. If you want to bring anything else be prepared to justify it, chances are you won’t need it.

**On your body:**
$_____ to pay patrol quartermaster for food
- boots or good sneakers, laced up tight
- inner socks–poly
- outer socks–wool
- underwear
- long pants, thin belt
- in pockets: pocket knife, compass, whistle
- red Troop 700 class B t shirt
- Troop 700 shirt (to be left in the car)
- Troop 700 baseball cap
- sunglasses (optional)

**On your pack:**
- backpack with padded hip strap
- long sleeve shirt to change into.
- pack cover or trash bag
- sleeping bag stuffed into sack, sack in trash bag, strapped tightly onto pack (NO bungee cords–nylon straps are best, rope is fine)
- sleeping pad
- one quart canteen, full

**In your pack:**

**Clothes in a plastic bag–**
- wool socks
- inner socks (optional)
- sweatshirt or jacket for the evening
- extra long pants or rain pants
- bandanna or handkerchief–really, you’ll use this to handle hot pots, and as a towel, and perhaps as a hat to keep your head warm in the 50° morning.

**Packed loose in pack–**
- poncho or rainproof jacket **(not optional)**
- tiny small flashlight that works
- matches in waterproof container
- at least 1 extra quart canteen or liter coke bottle
- 50 ft nylon 1/8” cord

**In a small bag–**
- spoon
- large bowl
- cup

**In a small bag–**
- snack food–jolly ranchers, power bar, m&m peanuts, packet of gator-aide (or equivalent) to flavor your water. Bring about 150% of what you will truly need; the extra is to share.

don’t forget to put this and your personal first aid kit in the bearbag at night

**Personal first aid in a bag–**
- bandaid
- toothbrush/paste
- moleskin
- small portion of toilet paper in a small bag

**Crew gear–**
Your pack at this point should weigh less than 20 pounds.
Your share of crew gear will include: water, tents, cooking gear, stoves, fuel, food, bearbag & rope, crew first aid kit, maps, crew first aid, scout handbook
Chances are that your crew will sleep under a single lightweight group tarp or a small number of tents so make sure you have a piece of plastic for under your bag.

**Crew behavior:**
Stay with your crew/patrol
The quieter you are, the more you’ll see

**Guiding thoughts:** Everyone in the patrol takes care of everyone else. Put the Patrol and Troop first and be considerate of every individual.

**Rule 1:** Except when excreting, no one will ever be alone. When outside camp, smaller group sizes should be 4 or greater.

**Rule 2:** Have fun while obeying the Scout Oath & Law.

**Rule 3:** Adapt, innovate, do without.

Have fun!