

$$1. \int (1 + \sin(x))^2 \cos(x) dx = \int u^2 du = \frac{u^3}{3} + C = \boxed{\frac{(1 + \sin(x))^3}{3} + C}$$

$$\begin{aligned} u &= 1 + \sin(x) \\ \frac{du}{dx} &= \cos(x) \\ du &= \cos(x) dx \end{aligned}$$

$$2. \int \frac{\sin(2x)}{\cos^5(2x)} dx = \int \frac{1}{(\cos(2x))^5} \sin(2x) dx = \int (\cos(2x))^{-5} \sin(2x) dx = \int u^{-5} \left(-\frac{1}{2}\right) du = -\frac{1}{2} \int u^{-5} du$$

$$\begin{aligned} u &= \cos(2x) \\ \frac{du}{dx} &= -\sin(2x) \cdot 2 \\ du &= -2 \sin(2x) dx \\ -\frac{1}{2} du &= \sin(2x) dx \end{aligned}$$

$$= -\frac{1}{2} \cdot \frac{u^{-4}}{-4} + C = \frac{1}{8u^4} + C = \boxed{\frac{1}{8 \cos^4(2x)} + C}$$

$$3. \int_0^1 (1 + x^2)^3 2x dx = \int_{1+0^2}^{1+1^2} u^3 du = \int_1^2 u^3 du = \left[\frac{u^4}{4}\right]_1^2 = \frac{2^4}{4} - \frac{1^4}{4} = \frac{16}{4} - \frac{1}{4} = \boxed{\frac{15}{4}}$$

$$\begin{aligned} u &= 1 + x^2 \\ \frac{du}{dx} &= 2x \\ du &= 2x dx \end{aligned}$$

4. Find the area under the graph of $\sec^2(2x)$ between $x=0$ and $x=\pi/8$.

$$\text{Area} = \int_0^{\pi/8} \sec^2(2x) dx = \int_{2 \cdot 0}^{2 \cdot \pi/8} \sec^2(u) \frac{1}{2} du = \frac{1}{2} \int_0^{\pi/4} \sec^2(u) du = \frac{1}{2} [\tan(u)]_0^{\pi/4} =$$

$$\begin{aligned} u &= 2x \\ \frac{du}{dx} &= 2 \\ du &= 2 dx \\ \frac{1}{2} du &= dx \end{aligned}$$

$$= \frac{1}{2} [\tan(u)]_0^{\pi/4} = \frac{1}{2} (\tan(\pi/4) - \tan(0)) = \frac{1}{2} (1 - 0) = \boxed{\frac{1}{2}}$$

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$$1. \int e^{x^2+x}(2x+1) dx = \int e^u du = e^u + C = \boxed{e^{x^2+x} + C}$$

$$\begin{aligned} u &= x^2 + x \\ \frac{du}{dx} &= 2x + 1 \\ du &= (2x + 1) dx \end{aligned}$$

$$2. \int \frac{\cos(\sqrt{x})}{\sqrt{x}} dx = \int \cos(\sqrt{x}) \frac{1}{\sqrt{x}} dx = \int \cos(u) 2 du = 2 \int \cos(u) du = 2 \sin(u) + C = \boxed{2 \sin(\sqrt{x}) + C}$$

$$\begin{aligned} u &= \sqrt{x} \\ \frac{du}{dx} &= \frac{1}{2\sqrt{x}} \\ du &= \frac{1}{2\sqrt{x}} dx \\ 2 du &= \frac{1}{\sqrt{x}} dx \end{aligned}$$

$$3. \int_{-1}^0 \sqrt{1+x} dx = \int_{-1}^0 (1+x)^{1/2} dx = \int_{1+(-1)}^{1+0} u^{1/2} du = \int_0^1 u^{1/2} du = \left[\frac{u^{1/2+1}}{1/2+1} \right]_0^1 = \left[\frac{u^{3/2}}{3/2} \right]_0^1$$

$$\begin{aligned} u &= 1 + x \\ \frac{du}{dx} &= 0 + 1 \\ du &= dx \end{aligned}$$

$$= \left[\frac{2\sqrt{u^3}}{3} \right]_0^1 = \frac{2\sqrt{1^3}}{3} - \frac{2\sqrt{0^3}}{3} = \boxed{\frac{2}{3}}$$

4. Find the area under the graph of $\sec^2(2x)$ between $x=0$ and $x=\pi/8$.

$$\text{Area} = \int_0^{\pi/8} \sec^2(2x) dx = \int_{2 \cdot 0}^{2 \cdot \pi/8} \sec^2(u) \frac{1}{2} du = \frac{1}{2} \int_0^{\pi/4} \sec^2(u) du = \frac{1}{2} \left[\tan(u) \right]_0^{\pi/4} =$$

$$\begin{aligned} u &= 2x \\ \frac{du}{dx} &= 2 \\ du &= 2 dx \\ \frac{1}{2} du &= dx \end{aligned}$$

$$= \frac{1}{2} \left[\tan(u) \right]_0^{\pi/4} = \frac{1}{2} (\tan(\pi/4) - \tan(0)) = \frac{1}{2} (1 - 0) = \boxed{\frac{1}{2}}$$